



# PROVIDER DIRECTORY

Greater Whittier Area 2010

H0544\_110914A CHP (11/09)  
Contract Number H0544



**CAREMORE**

It's what we do.™



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## **CareMore Health Plan HMO Plan Provider Directory**

This directory provides a list of CareMore Value Plus, CareMore Connect, CareMore Reliance, CareMore Heart, CareMore Breathe, and CareMore ESRD Plan providers.

This directory is for Presbyterian Intercommunity Hospital and its affiliated medical groups in the Greater Whittier Area in the partial counties of Los Angeles and Orange.

This directory is current as of 02/04/10. Some plan providers may have been added or removed from the list after this directory was printed. To get the most up-to-date information about CareMore Health Plan providers in your area, you can visit [www.CareMore.com](http://www.CareMore.com) or call our Member Services Department at 1-800-499-2793, Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, and Saturday: 8:00 a.m. to 8:00 p.m. Pacific. TTY/TDD users should call 1-800-577-5586.

# Introduction

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## Introduction

This directory provides a list of CareMore Value Plus, CareMore Connect, CareMore Reliance, CareMore Heart, CareMore Breathe, and CareMore ESRD Plan providers. To get detailed information about your health care coverage, please see your Plan's Evidence of Coverage.

## Selecting your Primary Care Physician

You will have to choose one of our plan providers that are listed in this directory to be your Primary Care Physician (PCP). The term "PCP" will be used throughout this directory. Generally, you must get your health care coverage from your PCP. When you choose your PCP you are also choosing the hospital(s) and Specialist(s) contracted with the particular medical group that your PCP is affiliated with.

The "plan providers" listed in this directory have agreed to provide you with your health care coverage. You may go to any of our plan providers listed in this directory; however some services may require a referral. If you have been going to one plan provider, you are not required to continue going to that same provider. In some cases, you may get covered services from non-plan providers.

## Referrals & Prior Authorization

You will get your routine or basic care from your PCP. Your PCP will also coordinate the rest of the covered services you get as a member of our Plan. For example, in order for you to see a specialist, you usually need to get your PCP's approval first (this is called getting a "referral" to a specialist). When your PCP thinks that you need specialized treatment he/she will give you a referral (approval in advance) to see a plan specialist or certain other provider. Skilled nursing, transitional care or specialized services will also be coordinated for you through your PCP. Your PCP will also arrange any transfers to affiliated sub-acute care facilities.

For some types of referrals, your PCP may need to get approval in advance from our Plan (this is called getting "prior authorization"). It is very important to get a referral (approval in advance) from your PCP before you see a plan specialist or certain other providers. If you do not have a referral (approval in advance) before you get services from a specialist, you may have to pay for these services yourself. If the specialist wants you to come back for more care, check first to be sure that the referral (approval

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in advance) you got from your PCP for the visit covers more visits to the specialist.

If there are specific specialists you want to use, find out whether your PCP sends patients to these specialists. Each plan PCP has certain plan specialists they use for referrals. This means that the PCP you select may determine the specialist you may see. You may generally change your PCP at any time if you want to see a Plan Specialist that your current PCP can't refer you to.

## **Being billed directly for the full cost of your covered services**

Sometimes when you get medical care, you may need to pay the full cost right away. Other times, you may find that you have paid more than you expected under the coverage rules of the plan. In either case, you will want the plan to pay its share of the costs by reimbursing you for payments you have already made.

There may also be times when you get a bill from a provider for the full cost of medical care you have received. In many cases, you should send this bill to us so that we can pay our share of the costs for your covered medical services.

## **Changing your PCP**

You may change your PCP for any reason, at any time however; it may take up to 30 days for the change to take effect. To change your PCP, call Member Services. When you call, be sure to inform the Member Services Representative if you are seeing specialists or getting other covered services that needed your PCP's approval (such as home health services and durable medical equipment). The Member Services Representative will help make sure that you can continue with the specialty care and other services you have been getting when you change your PCP. They will also check to be sure the PCP you want to switch to is accepting new patients. Member Services will change your membership record to show the name of your new PCP, and tell you when the change to your new PCP will take effect. They will also send you a new membership card that shows the name and phone number of your new PCP.

# Introduction

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## What is the service area for CareMore Health Plan?

The zip codes in our service area are listed below.

### Los Angeles County

90001	90027	90053	90081	90222	90270	90313	90637	90715
90002	90028	90054	90082	90223	90274	90397	90638	90716
90003	90029	90055	90083	90224	90275	90398	90639	90717
90004	90030	90056	90084	90230	90277	90501	90640	90723
90005	90031	90057	90086	90231	90278	90502	90650	90731
90006	90032	90058	90087	90232	90280	90503	90651	90732
90007	90033	90059	90088	90233	90291	90504	90652	90733
90008	90034	90060	90089	90239	90292	90505	90659	90734
90009	90036	90061	90091	90240	90293	90506	90660	90744
90010	90037	90062	90093	90241	90294	90507	90661	90745
90011	90038	90063	90094	90242	90295	90508	90662	90746
90012	90039	90065	90096	90245	90296	90509	90665	90747
90013	90040	90066	90097	90247	90301	90510	90670	90748
90014	90041	90068	90099	90248	90302	90601	90671	90749
90015	90042	90069	90101	90249	90303	90602	90701	90755
90016	90043	90070	90102	90250	90304	90603	90702	90801
90017	90044	90071	90103	90251	90305	90604	90703	90802
90018	90045	90072	90174	90254	90306	90605	90706	90803
90019	90046	90074	90185	90255	90307	90606	90707	90804
90020	90047	90075	90189	90260	90308	90607	90710	90805
90021	90048	90076	90201	90261	90309	90608	90711	90806
90022	90050	90078	90202	90262	90310	90609	90712	90807
90023	90051	90079	90220	90266	90311	90610	90713	90808
90026	90052	90080	90221	90267	90312	90612	90714	90809

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## Los Angeles County

90810	91010	91107	91201	91334	91412	91608	91744	91791
90813	91011	91108	91202	91335	91413	91609	91745	91792
90814	91012	91109	91203	91337	91416	91610	91746	91793
90815	91016	91110	91204	91340	91423	91611	91747	91795
90822	91017	91114	91205	91341	91426	91612	91748	91797
90831	91020	91115	91206	91343	91436	91614	91749	91799
90832	91021	91116	91207	91344	91501	91615	91750	91801
90833	91024	91117	91208	91345	91502	91616	91754	91802
90834	91025	91118	91209	91346	91503	91617	91755	91803
90835	91030	91121	91210	91352	91504	91618	91756	91804
90840	91031	91123	91214	91353	91505	91702	91765	91841
90842	91040	91124	91221	91356	91506	91706	91766	91896
90844	91041	91125	91222	91357	91507	91711	91767	91899
90845	91042	91126	91224	91393	91508	91714	91768	
90846	91043	91129	91225	91394	91510	91715	91769	
90847	91046	91131	91226	91395	91521	91716	91770	
90848	91050	91175	91316	91401	91522	91722	91771	
90853	91051	91182	91324	91402	91523	91723	91772	
90888	91066	91184	91325	91403	91526	91724	91773	
90895	91077	91185	91326	91404	91601	91731	91775	
90899	91101	91186	91327	91405	91602	91732	91776	
91001	91102	91187	91328	91406	91603	91733	91778	
91003	91103	91188	91329	91407	91604	91734	91780	
91006	91104	91189	91330	91408	91605	91735	91788	
91007	91105	91191	91331	91409	91606	91740	91789	
91009	91106	91199	91333	91411	91607	91741	91790	

# Introduction

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## Orange County

90620	92648	92782	92832	92865				
90621	92649	92799	92833	92866				
90622	92655	92801	92834	92867				
90623	92683	92802	92835	92868				
90624	92684	92803	92836	92869				
90630	92685	92804	92837	92870				
90631	92701	92805	92838	92871				
90632	92702	92806	92840	92885				
90633	92703	92807	92841	92886				
90680	92704	92808	92842	92887				
90720	92705	92809	92843	92899				
90721	92706	92811	92844					
90740	92707	92812	92845					
90742	92708	92814	92846					
90743	92710	92815	92850					
92605	92711	92816	92856					
92615	92712	92817	92857					
92626	92725	92821	92859					
92627	92728	92822	92861					
92628	92735	92823	92862					
92646	92780	92825	92863					
92647	92781	92831	92864					

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## How do you find CareMore Health Plan providers in your area?

This directory gives you a listing of Primary Care Physicians, Specialists, Urgent Care Centers and Hospitals and CareMore Care Centers available within our provider network. The table of contents and index will guide you through the sections of this directory.

The PCPs are listed by city and alphabetically by the following categories:

- Family Practice
- General Practice
- Internal Medicine

### Specialists

Specialists associated with CareMore Health Plan are listed by Specialty following the PCP section.

### Urgent Care

Urgently needed care refers to a non-emergency situation where you are inside the United States, you are temporarily absent from the Plan's authorized service area, you need medical attention right away for an unforeseen illness, injury, or condition and it isn't reasonable given the situation for you to obtain medical care

through our Plan's participating provider network.

**Note:** Under unusual and extraordinary circumstances, care may be considered urgently needed when you are in the service area, but the provider network of the Plan is temporarily unavailable or inaccessible.

The two main differences between urgently needed care and a medical emergency are based on the danger to your health and your location. A "medical emergency" occurs when you reasonably believe that your health is in serious danger, whether you are in or outside of the service area. "Urgently needed care" is when you need medical help for an unforeseen illness, injury, or condition, but your health is not in serious danger and you are generally outside of the service area.

If you have a sudden illness or injury that is not a medical emergency, and you are in the Plan's service area, please call your PCP. If your PCP's office is closed, please go to any urgent care facility located within our service area. Keep in mind that if you have an urgent need for care while you are in the Plan's service area, you should get this care from plan providers.

CareMore Health Plan covers urgently needed care that you get from non-plan providers when you are outside the plan's service area. If you need urgent care while you are outside the plan's service area, you should call your PCP. If you are treated for an urgent care condition while out of the service area, we prefer that you return to the service area to get follow-up care through your PCP. However, we will cover follow-up care that you get from non-plan providers outside the Plan's service area as long as the care you are getting still meets the "urgently needed care" definition.

We also cover renal dialysis (kidney) services that you get when you are outside the plan's service area.

For more detailed information about your Plan's provider coverage, please review your Plan's Evidence of Coverage. For your convenience we have added our Urgent Care listing at the end of the provider group listings.

# Introduction

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## Emergency Care

**In case of an emergency, call 911 for help** or go to the nearest hospital emergency room. You do not need authorization from your PCP first to seek this assistance.

A medical emergency is when you believe that your health is in serious danger. A medical emergency includes severe pain, a bad injury, a serious illness or medical condition that is rapidly getting more severe.

Please have someone inform CareMore Health Plan of any emergency treatment you undergo within 48 hours of treatment. The telephone number you should call is located on the back of your membership identification card. Your PCP must be involved in following up on your emergency care. CareMore Health Plan will help manage and follow-up on your emergency care.

It is important to know that every emergency has two stages. When the doctors or hospital providing the emergency care consider your condition to be stable, the first stage of the medical emergency ends. However, even after your condition is stabilized, you are still considered in an emergency situation and CareMore Health Plan must still pay for post-stabilization treatment provided by

the hospital (whether or not this hospital is a plan provider). The second stage of the emergency after your condition is stabilized is called “post-stabilization.” Generally, the hospital or doctors providing emergency care will talk to your health plan. This helps the plan to arrange for plan providers to take over your care as soon as your condition and circumstances get better. Once your health plan takes over your care or agrees with the attending hospital on an appropriate course of action (or once you are discharged if you are fully recovered), you are no longer in an emergency or post-stabilization situation.

Although you are past the emergency and post-stabilization, you may still need follow-up care. However, your plan is responsible for your follow-up care. Your plan will only pay for follow-up care after your emergency and post-stabilization if you follow the plan rules. You will need to use plan providers to get authorization and/or referrals.

If you have questions about CareMore Health Plan, please call our Member Services Department at 1-800-499-2793, Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, and Saturday: 8:00 a.m. to 8:00 p.m. Pacific. TTY users should call 1-800-577-5586. Or, visit [www.CareMore.com](http://www.CareMore.com).

# Primary Care Physicians

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## ARTESIA

### GENERAL PRACTICE

Egari, Roy, M.D.  
Provider #: BHP101234  
18011 S. Pioneer Blvd.  
Artesia, CA 90701  
Ph: (562) 402-0711  
Fax: (562) 402-4338  
Panel: Open

## BELLFLOWER

### INTERNAL MEDICINE

Kyan, Fee S., M.D.  
Provider #: BHP100673  
16900 Lakewood Blvd., #308  
Bellflower, CA 90706  
Ph: (562) 804-0100  
Fax: (562) 804-7741  
Panel: Open

## CARSON

### FAMILY PRACTICE

Padre, Emilio J., M.D.  
Provider #: BHP101246  
164 W. Carson St.  
Carson, CA 90745  
Ph: (310) 518-6861  
Fax: (310) 518-5663  
Panel: Open

## CERRITOS

### INTERNAL MEDICINE

Finklestein, Stuart J., M.D.  
Provider #: BHP100444  
19151 Bloomfield Ave.  
Cerritos, CA 90703  
Ph: (562) 402-6707  
Fax: (562) 402-4337  
Panel: Open

Wong, Petra A., M.D.  
Provider #: BHP100476  
19151 Bloomfield Ave.  
Cerritos, CA 90703  
Ph: (562) 402-6707  
Fax: (562) 402-4337  
Panel: Open

## CITY OF INDUSTRY

### FAMILY PRACTICE

Ding, Lei, M.D.  
Provider #: BHP100810  
1661 Hanover Rd., #101  
City of Industry, CA 91748  
Ph: (626) 581-4298  
Fax: (626) 581-4398  
Panel: Open

### INTERNAL MEDICINE

Song, James, M.D.  
Provider #: BHP100686  
1661 Hanover Rd., #103  
City of Industry, CA 91748  
Ph: (626) 581-8330  
Fax: (626) 581-8411  
Panel: Open

## DIAMOND BAR

### INTERNAL MEDICINE

Chan, Steve L., M.D.  
Provider #: BHP100754  
1106 S. Diamond Bar Blvd.  
Diamond Bar, CA 91765  
Ph: (909) 612-5835  
Fax: (909) 612-5836  
Panel: Open

Wang, Yuh-Huey, M.D.  
Provider #: BHP101256  
1106 S. Diamond Bar Blvd.  
Diamond Bar, CA 91765  
Ph: (909) 612-5835  
Fax: (909) 612-5836  
Panel: Open

## DOWNEY

### FAMILY PRACTICE

Carnegie, Sherie L., D.O.  
Provider #: BHP101260  
8142 Firestone Blvd.  
Downey, CA 90241  
Ph: (562) 869-8621  
Fax: (562) 904-3874  
Panel: Open

Glor, Rita, D.O.  
Provider #: BHP00002  
11411 Brookshire Ave., #302  
Downey, CA 90241  
Ph: (562) 869-1121  
Fax: (562) 869-1921  
Panel: Open

# Primary Care Physicians

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## GENERAL PRACTICE

Barrientos, Domingo C., M.D.  
Provider #: BHP101227  
10800 S. Paramount Blvd., #203  
Downey, CA 90241  
Ph: (562) 869-1322  
Fax: (562) 869-1314  
Panel: Open

## INTERNAL MEDICINE

Hsu, Diana H., M.D.  
Provider #: BHP100684  
12651 S. Lakewood Blvd.  
Downey, CA 90242  
Ph: (562) 861-3111  
Fax: (562) 861-9721  
Panel: Open

Hsu, Goethe I., M.D.  
Provider #: BHP100685  
12651 S. Lakewood Blvd.  
Downey, CA 90242  
Ph: (562) 861-3111  
Fax: (562) 861-9721  
Panel: Open

## HACIENDA HEIGHTS

### FAMILY PRACTICE

Chungafung, Jenifer E., M.D.  
Provider #: BHP101233  
1850 S. Azusa Ave., #60  
Hacienda Heights, CA 91745  
Ph: (626) 913-2822  
Fax: (626) 913-0661  
Panel: Open

Honigman, Daniel, M.D.  
Provider #: 100681  
3180 S. Colima Rd., #A  
Hacienda Heights, CA 91745  
Ph: (626) 961-1644  
Fax: (626) 333-1079  
Panel: Open

Hsieh, Cluida, D.O.  
Provider #: BHP101198  
1850 S. Azusa Ave., #115  
Hacienda Heights, CA 91745  
Ph: (626) 964-3040  
Fax: (626) 964-4720  
Panel: Open

Lin, George I., M.D.  
Provider #: BHP101242  
1850 S. Azusa Ave., #205  
Hacienda Heights, CA 91745  
Ph: (626) 964-2880  
Fax: (626) 964-2834  
Panel: Open

## GENERAL PRACTICE

Leung, Ying-Yan, M.D.  
Provider #: BHP101261  
3038 S. Hacienda Blvd.  
Hacienda Heights, CA 91745  
Ph: (626) 961-5479  
Fax: (626) 369-8510  
Panel: Open

## INTERNAL MEDICINE

Aron, David M., M.D.  
Provider #: 100782  
1201 S. Hacienda Blvd., #101  
Hacienda Heights, CA 91745  
Ph: (626) 968-0547  
Fax: (626) 968-7599  
Panel: Open

Chen, Jaw-Huei, M.D.  
Provider #: BHP101230  
1850 S. Azusa Ave., #205  
Hacienda Heights, CA 91745  
Ph: (626) 964-2880  
Fax: (626) 964-2834  
Panel: Open

Cheng, Jason, M.D.  
Provider #: BHP101219  
1850 S. Azusa Ave., #115  
Hacienda Heights, CA 91745  
Ph: (626) 964-3040  
Fax: (626) 964-4720  
Panel: Open

Cherng, Show-Shan, M.D.  
Provider #: 100949  
1850 S. Azusa Ave., #111  
Hacienda Heights, CA 91745  
Ph: (626) 913-3661  
Fax: (626) 913-5739  
Panel: Open

Gu, Ron Y., M.D.  
Provider #: BHP101237  
1850 S. Azusa Ave., #205  
Hacienda Heights, CA 91745  
Ph: (626) 964-2880  
Fax: (626) 964-2834  
Panel: Open

Li, Mark W., M.D.  
Provider #: BHP101262  
2440 Hacienda Blvd., #105  
Hacienda Heights, CA 91745  
Ph: (626) 330-6003  
Fax: (626) 330-8474  
Panel: Open

Tzeng, Robert F., M.D.  
Provider #: BHP101253  
17170 Colima Rd., #G  
Hacienda Heights, CA 91745  
Ph: (626) 965-8202  
Fax: (626) 964-9893  
Panel: Open

Yeung, Hung-Chuen, M.D.  
Provider #: BHP101258  
15940 Halliburton Rd.  
Hacienda Heights, CA 91745  
Ph: (626) 968-2442  
Fax: (626) 968-1191  
Panel: Open

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## **HUNTINGTON PARK**

### **INTERNAL MEDICINE**

Aguilar, Richard B., M.D.  
Provider #: BHP100402  
7705 Seville Ave., #B  
Huntington Park, CA 90255  
Ph: (323) 582-7406  
Fax: (323) 582-1862  
Panel: Open

### **LA HABRA**

#### **FAMILY PRACTICE**

Alas-Pocasangre, Juan, M.D.  
Provider #: BHP101108  
325 E. La Habra Blvd.  
La Habra, CA 90631  
Ph: (562) 691-7100  
Fax: (562) 691-7101  
Panel: Open

Correa, Ronald, M.D.  
Provider #: 100414  
361 E. Whittier Blvd., #B  
La Habra, CA 90631  
Ph: (562) 694-3911  
Fax: (562) 694-8494  
Panel: Open

Garcia, Don L., M.D.  
Provider #: BHP100870  
1055 E. La Habra Blvd., #3  
La Habra, CA 90631  
Ph: (562) 691-3247  
Fax: (714) 491-1193  
Panel: Open

Uribe, Daniel, M.D.  
Provider #: BHP100470  
121 N. Euclid St.  
La Habra, CA 90631  
Ph: (562) 691-0811  
Fax: (562) 690-7013  
Panel: Open

### **INTERNAL MEDICINE**

Oba, Chisato, M.D.  
Provider #: BHP101267  
501 S. Idaho St., # 350  
La Habra, CA 90631  
Ph: (562) 690-4002  
Fax: (562) 690-3182  
Panel: Open

### **LA MIRADA**

#### **FAMILY PRACTICE**

Brueckmann, Joseph R., M.D.  
Provider #: BHP101228  
15651 Imperial Hwy., #102  
La Mirada, CA 90638  
Ph: (562) 947-8646  
Fax: (562) 947-4917  
Panel: Open

Lum, Marcus, M.D.  
Provider #: BHP100730  
15034 Imperial Hwy.  
La Mirada, CA 90638  
Ph: (562) 902-3000  
Fax: (562) 902-9573  
Panel: Open

Mei, Weiping Sarah Wu, M.D.  
Provider #: BHP101204  
12675 La Mirada Blvd., #201  
La Mirada, CA 90638  
Ph: (562) 903-7339  
Fax: (562) 944-8631  
Panel: Open

Mendez, Alexander A., M.D.  
Provider #: BHP101205  
12675 La Mirada Blvd., #201  
La Mirada, CA 90638  
Ph: (562) 903-7339  
Fax: (562) 944-8631  
Panel: Open

Reyes Jr., Anthony, M.D.  
Provider #: BHP101210  
12675 La Mirada Blvd., #201  
La Mirada, CA 90638  
Ph: (562) 903-7339  
Fax: (562) 944-8631  
Panel: Open

Rubalcava, Rafael, M.D.  
Provider #: BHP100732  
15034 Imperial Hwy.  
La Mirada, CA 90638  
Ph: (562) 902-3000  
Fax: (562) 902-9593  
Panel: Open

Shah, Chunilal, M.D.  
Provider #: BHP101250  
15651 Imperial Hwy., #104  
La Mirada, CA 90638  
Ph: (562) 947-1619  
Fax: (562) 947-5969  
Panel: Open

Tran, Linda, D.O.  
Provider #: BHP101173  
15034 Imperial Hwy.  
La Mirada, CA 90638  
Ph: (562) 902-3000  
Fax: (562) 902-9593  
Panel: Open

Zaret, Philip, D.O.  
Provider #: BHP100609  
15090 Imperial Hwy.  
La Mirada, CA 90638  
Ph: (562) 943-8444  
Fax: (562) 943-8446  
Panel: Open

# Primary Care Physicians

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## **GENERAL PRACTICE**

Maleki, Jamshid, M.D.  
Provider #: BHP100733  
15034 Imperial Hwy.  
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Panel: Open

## **INTERNAL MEDICINE**

Arastu, Anwar H., M.D.  
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12675 La Mirada Blvd., #400  
La Mirada, CA 90638  
Ph: (562) 941-9853  
Fax: (562) 941-9683  
Panel: Open

Godbole, Shubhangi S., M.D.  
Provider #: BHP100742  
12675 La Mirada Blvd., #200  
La Mirada, CA 90638  
Ph: (562) 944-8054  
Fax: (562) 946-5324  
Panel: Open

Roach, Michael, M.D.  
Provider #: BHP100731  
15034 Imperial Hwy.  
La Mirada, CA 90638  
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Fax: (562) 902-9593  
Panel: Open

Winn, Henry, M.D.  
Provider #: BHP100473  
15651 E. Imperial Hwy., #102-B  
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Panel: Open

## **LA PUENTE**

### **GENERAL PRACTICE**

Saichin, Alejandro, M.D.  
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1419 N. Hacienda Blvd.  
La Puente, CA 91744  
Ph: (626) 918-3828  
Fax: (626) 918-3538  
Panel: Open

## **LOS ANGELES**

### **GENERAL PRACTICE**

Mojtahedian, Emmanuel, M.D.  
Provider #: BHP100769  
6425 E. Whittier Blvd.  
Los Angeles, CA 90022  
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Fax: (323) 728-4320  
Panel: Open

## **MAYWOOD**

### **INTERNAL MEDICINE**

Molina, Manfred, M.D.  
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4205 E. Slauson Ave.  
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Fax: (323) 560-2205  
Panel: Open

## **MONTEBELLO**

### **FAMILY PRACTICE**

Gonzalez, Bertha, D.O.  
Provider #: BHP100612  
3106 Beverly Blvd.  
Montebello, CA 90640  
Ph: (323) 728-1274  
Fax: (323) 720-9954  
Panel: Open

## **GENERAL PRACTICE**

Hernandez, Luis, M.D.  
Provider #: BHP101109  
1817 W. Beverly Blvd.  
Montebello, CA 90640  
Ph: (323) 721-5524  
Fax: (323) 837-1465  
Panel: Open

Iqbal, Shaheen, M.D.  
Provider #: BHP100750  
609 W. Beverly Blvd.  
Montebello, CA 90640  
Ph: (323) 728-6445  
Fax: (323) 728-9804  
Panel: Open

## **INTERNAL MEDICINE**

Chaudhry, Mohammad A., M.D.  
Provider #: BHP100693  
101 E. Beverly Blvd., #401  
Montebello, CA 90640  
Ph: (323) 722-2260  
Fax: (323) 722-2130  
Panel: Open

## **NORWALK**

### **FAMILY PRACTICE**

Aguiluz, Jacqueline B., D.O.  
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Panel: Open

Allen, Ethan R., D.O.  
Provider #: BHP100501  
12820 Studebaker Rd., #101  
Norwalk, CA 90650  
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Panel: Open

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Birdsall, Benjamin S., M.D.  
Provider #: BHP101190  
13330 Bloomfield Ave., #A  
Norwalk, CA 90650  
Ph: (562) 868-7706  
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Panel: Open

Brown, Elisabeth, M.D.  
Provider #: BHP101191  
13330 Bloomfield Ave., #A  
Norwalk, CA 90650  
Ph: (562) 868-7706  
Fax: (562) 863-1903  
Panel: Open

Mitry, Usama S., M.D.  
Provider #: BHP101206  
13330 Bloomfield Ave., #A  
Norwalk, CA 90650  
Ph: (562) 868-7706  
Fax: (562) 863-1903  
Panel: Open

Ramos, Arthur, M.D.  
Provider #: 100687  
12729 Pioneer Blvd.  
Norwalk, CA 90650  
Ph: (562) 207-2270  
Fax: (562) 207-2279  
Panel: Open

### **GENERAL PRACTICE**

Bai, Eung K., M.D.  
Provider #: BHP101224  
12017 E. Rosecrans Ave.  
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Fax: (562) 868-0033  
Panel: Open

### **INTERNAL MEDICINE**

Reynaga, Rosa, M.D.  
Provider #: 100688  
12729 Pioneer Blvd.  
Norwalk, CA 90650  
Ph: (562) 207-2270  
Fax: (562) 207-2279  
Panel: Open

Salatinjants, Aida, M.D.  
Provider #: BHP100605  
13132 Studebaker Rd., #3  
Norwalk, CA 90650  
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Panel: Open

### **PICO RIVERA**

#### **FAMILY PRACTICE**

Pinkerton, Ronald E., M.D.  
Provider #: BHP100221  
8337 Telegraph Rd., #100  
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Panel: Open

#### **GENERAL PRACTICE**

Fishman, Ritchard, M.D.  
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9505 E. Telegraph Rd.  
Pico Rivera, CA 90660  
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Fax: (562) 949-0385  
Panel: Open

### **ROWLAND HEIGHTS**

#### **FAMILY PRACTICE**

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1600 S. Azusa Ave., #501  
Rowland Heights, CA 91748  
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Fax: (626) 236-9300  
Panel: Open

Kang, Joon, M.D.  
Provider #: BHP100418  
18391 Colima Rd., #201  
Rowland Heights, CA 91748  
(626) 912-2911  
(626) 810-5232  
Panel: Open

Lee, David P., D.O.  
Provider #: BHP100785  
1818 Sierra Leone Ave., #B  
Rowland Heights, CA 91748  
Ph: (626) 965-1988  
Fax: (626) 236-9394  
Panel: Open

Park, Burn, M.D.  
Provider #: BHP100604  
19085 Colima Rd.  
Rowland Heights, CA 91748  
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Fax: (626) 964-2030  
Panel: Open

#### **GENERAL PRACTICE**

Limbo Jr., Pablo C., M.D.  
Provider #: BHP101241  
19036 E. Colima Rd., #B  
Rowland Heights, CA 91748  
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Fax: (626) 965-9479  
Panel: Open

# Primary Care Physicians

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## **INTERNAL MEDICINE**

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Panel: Open

Oh, Hee Yong, M.D.  
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1722 Desire Ave., #206  
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Panel: Open

Teng, Chia, M.D.  
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18575 E. Gale Ave., #235  
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Panel: Open

Wang, Mary, M.D.  
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Panel: Open

Wu, Jack X., M.D.  
Provider #: BHP101257  
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Fax: (626) 912-3326  
Panel: Open

Yung, Tin Y., M.D.  
Provider #: BHP101259  
1722 Desire Ave., #208  
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Panel: Open

## **SANTA FE SPRINGS**

### **FAMILY PRACTICE**

Heggenes, Ole A., D.O.  
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Panel: Open

Mercer, Paul R., M.D.  
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Panel: Open

### **INTERNAL MEDICINE**

Conner III, Ralph E., D.O.  
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Santa Fe Springs, CA 90670  
Ph: (562) 864-1000  
Fax: (562) 864-2125  
Panel: Open

## **SOUTH GATE**

### **GENERAL PRACTICE**

Barkodar, John, M.D.  
Provider #: BHP101226  
3314 Firestone Blvd.  
South Gate, CA 90280  
Ph: (323) 567-4483  
Fax: (323) 567-2647  
Panel: Open

Venegas, Carlos F., M.D.  
Provider #: BHP101254  
4225 Tweedy Blvd.  
South Gate, CA 90280  
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Fax: (323) 564-8578  
Panel: Open

## **WHITTIER**

### **FAMILY PRACTICE**

Aceves, Jose, M.D.  
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14609 E. Whittier Blvd.  
Whittier, CA 90605  
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Fax: (562) 789-6102  
Panel: Open

Bejinez-Eastman, Ana G., M.D.  
Provider #: BHP101189  
12291 E. Washington Blvd., #500  
Whittier, CA 90606  
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Fax: (562) 698-0010  
Panel: Open

Cambanis, Alexis, M.D.  
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12291 E. Washington Blvd., #500  
Whittier, CA 90606  
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Fax: (562) 698-0010  
Panel: Open

Chu, Garvin K., M.D.  
Provider #: BHP101193  
15725 E. Whittier Blvd., #300  
Whittier, CA 90603  
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Fax: (562) 943-5179  
Panel: Open

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Coats, Melvin W., M.D.  
Provider #: 100819  
14350 Whittier Blvd., #215  
Whittier, CA 90605  
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Fax: (562) 696-2194  
Panel: Closed

Kaller, Stanely A., D.O.  
Provider #: BHP100417  
15111 E. Whittier Blvd., #102  
Whittier, CA 90603  
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Fax: (562) 945-9121  
Panel: Open

Mason, Maria A., M.D.  
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12291 E. Washington Blvd., #500  
Whittier, CA 90606  
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Panel: Open

Dalla Tor, Nelson E., M.D.  
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12291 E. Washington Blvd., #500  
Whittier, CA 90606  
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Fax: (562) 698-0010  
Panel: Open

Kirsch, Scott, D., M.D.  
Provider #: BHP101200  
12291 E. Washington Blvd., #500  
Whittier, CA 90606  
Ph: (562) 698-2541  
Fax: (562) 789-4340  
Panel: Open

Mohammedi, Nasir, M.D.  
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Fax: (562) 945-0901  
Panel: Open

Galbreath, Ronald G., M.D.  
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12522 E. Lambert Rd., #D  
Whittier, CA 90606  
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Panel: Open

Lopez, Arturo, M.D.  
Provider #: 100679  
14350 Whittier Blvd., #215  
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Fax: (562) 696-2194  
Panel: Open

Pappas, Anastasia, M.D.  
Provider #: BHP101207  
12291 E. Washington Blvd., #500  
Whittier, CA 90606  
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Fax: (562) 789-4340  
Panel: Open

Garcia, Sylvia L., M.D.  
Provider #: BHP100729  
14442 E. Whittier Blvd., #105  
Whittier, CA 90605  
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Fax: (562) 945-1855  
Panel: Open

Magged, Mark G., M.D.  
Provider #: BHP101201  
15725 E. Whittier Blvd., #300  
Whittier, CA 90603  
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Fax: (562) 943-5179  
Panel: Open

Patsch, Ingrid E. M.D.  
Provider #: BHP101208  
12291 E. Washington Blvd., #500  
Whittier, CA 90606  
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Fax: (562) 789-4340  
Panel: Open

Gothard, David W., M.D.  
Provider #: BHP101196  
12522 E. Lambert Rd., #D  
Whittier, CA 90606  
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Panel: Open

Maguire, Michael J., D.O.  
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Panel: Open

Po, Tedmund G., M.D.  
Provider #: BHP101209  
15725 E. Whittier Blvd., #300  
Whittier, CA 90603  
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Panel: Open

Holmes, Randolph P., M.D.  
Provider #: BHP101197  
15725 E. Whittier Blvd., #350  
Whittier, CA 90603  
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Panel: Open

Martinez, Norma, M.D.  
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12522 E. Lambert Rd., #D  
Whittier, CA 90606  
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Panel: Open

Roh, Hellen, D.O.  
Provider #: BHP101276  
15725 E. Whittier Blvd., #300  
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Fax: (562) 943-5179  
Panel: Open

# Primary Care Physicians

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Schach, Wilfred P., M.D.  
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12291 E. Washington Blvd., #500  
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Panel: Open

Shah, Virag Y., M.D.  
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12291 E. Washington Blvd., #500  
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Panel: Open

Sidarta, Angelia, D.O.  
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Panel: Open

Sriram, Vinodhini, M.D.  
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Panel: Open

Stimmler, William H., M.D.  
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Panel: Open

Thomas, Ann C., M.D.  
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Panel: Open

Thomas, Sonya W., M.D.  
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Panel: Open

Tran, Alex L., M.D.  
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Panel: Open

Velez-Dalla Tor, Maili, M.D.  
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Panel: Open

Welsh, William, D.O.  
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Panel: Open

Yung, Richard, D.O.  
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15725 E. Whittier Blvd., #300  
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Panel: Open

Zourabian, Michael, M.D.  
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Panel: Open

## GENERAL PRACTICE

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Panel: Open

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12802 E. Whittier Blvd.  
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Panel: Open

Gabbita, Geetha V., M.D.  
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14568 Whittier Blvd.  
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Panel: Open

Madrid, Sandra, M.D.  
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12462 E. Washington Blvd.  
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Panel: Open

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Mohammedi, Mehrunisa, M.D.  
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Panel: Open

Cotton, DO Frankie, M.D.  
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Panel: Open

Patel, Bharat G., M.D.  
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Panel: Open

Ratwani, Mina, M.D.  
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Panel: Open

David, Dwight A., M.D.  
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Panel: Open

Wahbah, Mary M., M.D.  
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Panel: Open

Tamadon, Shokouh, M.D.  
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Panel: Open

Jalil, Marian, M.D.  
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Panel: Open

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Panel: Open

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Panel: Open

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Panel: Open

## **INTERNAL MEDICINE**

Cons, Robert, M.D.  
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Panel: Open

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15725 E. Whittier Blvd., #400  
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Panel: Open

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Panel: Open

# Specialists

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### **INFECTIOUS DISEASE**

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### **NEUROLOGY**

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### **NEUROSURGERY**

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### **OBSTETRICS & GYNECOLOGY**

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# Specialists

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## OPHTHALMOLOGY

Shammas Eye Medical Group  
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3510 Martin Luther King Jr. Blvd.  
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## ORTHOPAEDIC SURGERY

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## **PODIATRY**

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# CareMore Care Centers

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You are special; and CareMore knows it. This is the most important time of your life and we can help you make it a vital, dynamic, healthy time. CareMore is different from any other company because we redefine health care. We can help you be proactive and help you prevent disease or detect disease early when it's more curable or treatable. If you have or develop conditions, we can help you recover and cope with the condition and we'll do it right in your home and in our centers. Let's be honest, we all will experience a certain amount of decline in our health as we age.

CareMore Care Centers specialize in reducing that rate of decline and in keeping you in the best of health and spirit. It's what we do. We do it with a team approach with every possible specialist on the forefront of medical knowledge and research. Your health care providers are personally connected to your care. Your entire team will know you and be accessible to you. While providing the highest quality medical care, CareMore has created innovative programs and health plans to help you manage your health, so that you can make the rest of your life, the best of your life.

We are dedicated to improving the health care of seniors. Our focus is to enhance your life and to give you greater peace of mind. Our CareMore staff is specially trained in the areas of senior health care. We understand the right combination of care and special programs can keep you feeling your best.

Life is precious, and we need to take care of your most important asset – your health. CareMore aims to be your partner in managing your health so that you are free to live your best life.

## **CareMore Care Centers offer programs like:**

- **Healthy Start Program.** A comprehensive medical evaluation performed by a nurse practitioner or physician to give you choices of treatment and care.
- **Fall Prevention Program.** Helps you identify important changes you may need to make in your life and home, to reduce your risk of falling.
- **DiabeatIT™ Diabetes Care Program.** Education and information for controlling blood sugar along with diabetes support groups, nutritional education, exercise classes and a toll-free help line.
- **State-of-the-art examination tables.** Maximize comfort and accessibility to the patient while allowing optimum functionality for the physician.
- **Low glare materials.** Used on all counter tops, floors, furnishings, walls and window coverings. Static resistant carpet reduces interference with hearing aids and other devices.

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## **Los Angeles County**

**DOWNEY CAREMORE CARE CENTER**  
11525 Brookshire Ave., #301  
Downey, CA 90241  
(562) 862-3684

Services:

- Anti-coagulation Therapy Program
- Congestive Heart Failure Program
- Diabetes Care Program
- Fall Prevention Program
- High Blood Pressure Program
- Pre-Op Center
- Wound Care Program

**DOWNEY CAREMORE CARE CENTER**  
8255 Firestone Blvd., #500  
Downey, CA 90240  
(562) 231-2540

Services:

- Chronic Kidney Disease Care Program
- Healthy Start Program

**DOWNEY FOOT CARE CENTER**  
9040 E. Telegraph Rd., #100  
Downey, CA 90240  
(562) 861-0954

Services:

- Routine & Medical Foot Care

**MONTEBELLO CAREMORE CARE CENTER**  
433 N. 4th St., #208  
Montebello, CA 90640  
(323) 201-4130

Services:

- Anti-coagulation Therapy Program
- Cardiology
- Congestive Heart Failure Program
- Diabetes Care Program
- Chronic Kidney Disease Care Program
- Fall Prevention Program
- Routine & Medical Foot Care
- Healthy Start Program
- High Blood Pressure Program
- Pre-Op Center
- Wound Care Program

**WHITTIER CAREMORE CARE CENTER**  
14350 Whittier Blvd., #100  
Whittier, CA 90605  
(562) 696-1104

Services:

- Anti-coagulation Therapy Program
- Cardiology
- Congestive Heart Failure Program
- Dermatology
- Diabetes Care Program
- Chronic Kidney Disease Care Program
- Fall Prevention Program
- Routine & Medical Foot Care
- Healthy Start Program
- High Blood Pressure Program
- Pre-Op Center
- Wound Care Program

# Urgent Care Centers

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Urgently needed care refers to a non-emergency situation where you are inside the United States, you are temporarily absent from the Plan's authorized service area, you need medical attention right away for an unforeseen illness, injury, or condition and it isn't reasonable given the situation for you to obtain medical care through our Plan's participating provider network.

**Note:** Under unusual and extraordinary circumstances, care may be considered urgently needed when you are in the service area, but the provider network of the Plan is temporarily unavailable or inaccessible.

The two main differences between urgently needed care and a medical emergency are based on the danger to your health and your location. A "medical emergency" occurs when you reasonably believe that your health is in serious danger, whether you are in or outside of the service area. "Urgently needed care" is when you need medical help for an unforeseen illness, injury, or condition, but your health is not in serious danger and you are generally outside of the service area.

If you have a sudden illness or injury that is not a medical emergency, and you are in the Plan's service area, please call your PCP. If your PCP's office is closed, please go to any urgent care facility located within our service area. Keep in mind that if you have an urgent need for care while you are in the Plan's service area, you should get this care from plan providers.

CareMore Health Plan covers urgently needed care that you get from non-plan providers when you are outside the plan's service area. If you need urgent care while you are outside the plan's service area, you should call your PCP. If you are treated for an urgent care condition while out of the service area, we prefer that you return to the service area to get follow-up care through your PCP. However, we will cover follow-up care that you get from non-plan providers outside the Plan's service area as long as the care you are getting still meets the "urgently needed care" definition.

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We recommend that patients call the location prior to arrival to verify check-in hours. Some centers may take check-ins up to an hour before they close, and hours may change slightly from the listed schedule due to staffing or other needs. Holiday hours may vary.

## **Los Angeles County**

### **Bright Health Physicians Urgent Care**

15733 Whittier Blvd.

**Whittier, CA 90603**

Phone: (562) 947-7754

**Hours: M-F 2pm-10pm; Sat/Su & Hol 9am-6pm;**

*(Cross streets Whittier Blvd. & Santa Gertrudes)*

### **Rapid Care Urgent Care Center**

1130 W. Olive Ave.

**Burbank, CA 91506**

Phone: (818) 843-8555

**Hours: M-F 8am-8pm; Sat/Su 9am-5pm;**

**Hol 9am-2pm**

*Other Languages: N/A*

### **Vista Medical Group**

12555 Central Ave., Suite C

**Chino, CA 91710**

Phone: (909) 613-0100

**Hours: M-F 8am-5pm; Sat/Sun closed**

*Other Languages: Arabic, Spanish, some Russian*

### **Chino Hills Urgent Care**

2557 Chino Hills Pkwy., #A

**Chino Hills, CA 91709**

Phone: (909) 393-4334

**Hours: M-F 9am-7pm; Holidays closed**

*Other Languages: N/A*

### **Clinica Medica General**

11026 Valley Mall

**El Monte, CA 91731**

Phone: (626) 443-4300

**Hours: M-F 9am-7pm; Sat 9am-2pm;**

**Sun closed**

*Other Languages: Spanish*

### **Rapid Care Urgent Care Center**

801 S. Chevy Chase Dr., #105

**Glendale, CA 91205**

Phone: (818) 265-2200

**Hours: M-F 8am-8pm; Sat/Su 9am-5pm;**

**Hol 9am-2pm**

*Other Languages: N/A*

### **All Care Medical Group**

2675 E. Slauson Ave.

**Huntington Park, CA 90255**

Phone: (323) 589-6681

**Hours: 7 days - 24 hours**

*Other Languages: Spanish*

### **Clinica Medica General**

6347 Pacific Blvd.

**Huntington Park, CA 90255**

Phone: (323) 583-8383

**Hours: M-F 9am-7pm; Sat 9am-5pm;**

**Sun closed**

*Other Languages: Spanish*

### **Imperial Primary Care Medical Group**

15034 Imperial Hwy.

**La Mirada, CA 90638**

Phone: (562) 902-3000

**Hours: M-F 5pm-9pm; Sat/Sun & Hol 8am-4pm**

*Other Languages: Spanish, Farsi*

### **Clinica Medica General**

6125 Whittier Blvd.

**Los Angeles, CA 90022**

Phone: (323) 887-0000

**Hours: M-F 9am-7pm; Sat 9am-1pm; Sun closed**

*Other Languages: Spanish*

# Urgent Care Centers

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We recommend that patients call the location prior to arrival to verify check-in hours. Some centers may take check-ins up to an hour before they close, and hours may change slightly from the listed schedule due to staffing or other needs. Holiday hours may vary.

## Los Angeles County (cont'd)

### **Clinica Medica General**

2208 W. 7th St.

**Los Angeles, CA 90057**

Phone: (213) 384-3434

**Hours: M-F 9am-7pm; Sat 9am-5pm;**

**Sun 9am-1pm**

*Other Languages: Spanish*

### **Dusk to Dawn Urgent Care**

**(Suburban Hosp campus)**

16415 Colorado Ave., #104

**Paramount, CA 90723**

Phone: (562) 808-2273

**Hours: Open 24 hours.**

*Other Languages: Spanish*

### **Santa Fe Springs Urgent Care**

11460 Telegraph Rd.

**Santa Fe Springs, CA 90670**

Phone: (562) 864-1000

**Hours: M-F 9am-10pm; Sat 9am-3pm;**

**Sun closed**

*Other Languages: Spanish*

### **Urgent Care of South Bay**

4505 Torrance Blvd., #106

**Torrance, CA 90503**

Phone: (310) 542-9758

**Hours: M-F 8am-9pm; Sat 9am-7pm;**

**Sun closed**

## Orange County

### **Gateway Urgent Care**

1303 N. Euclid St.

**Anaheim, CA 92801**

Phone: (714) 778-3838

**Hours: M-F 8am-10pm; Sat/Sun 9am-5pm**

*Other Languages: Spanish*

### **Clinica Medica General**

505 N. Main St.

**Santa Ana, CA 92702**

Phone: (714) 567-0101

**Hours: M-F 9am-7pm; Sat 9am-2pm;**

**Sun closed**

*Other Languages: Spanish*

### **Seal Beach Family Urgent Care**

1198 Pacific Coast Hwy., Suite 1

**Seal Beach, CA 90740**

Phone: (562) 598-2904

**Hours: M-F 8am-8pm; Sat/Su 9am-5pm;**

**Hol 9am-2pm**

*Other Languages: Spanish*

# Hospital

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**Presbyterian Intercommunity**

**Hospital (PIH)**

12401 Washington Blvd.

Whittier, CA 90602

(562) 698-0811

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