

Please Join Us on April 6 & 7, 2019!



3rd Annual CareMore Cardiovascular Symposium 2019:

Delivering Evidence-Based Care in Real World Practice

You are invited to a unique educational experience that blends academic cardiovascular medicine with real world practice. Presenters will include nationally and internationally known experts who will share their perspective on delivering high-quality, evidence-based practice in the most resource responsible ways. This Symposium is an opportunity for physicians and healthcare providers to enjoy a state-of-the-art educational update on cardiovascular disease, tailored to Cardiologists, Primary Care Physicians, Residents, and Medical Students.

Objectives

- Incorporate current therapies for chronic and acute coronary artery disease
- Diagnose and manage acute decompensated heart failure, chronic heart failure and advanced heart failure
- Utilize principles of palliative care in the management of heart diseases
- Utilize appropriate cardiac rhythm devices for arrhythmia management
- Incorporate current guidelines on cholesterol and blood pressure management

Presented in Coordination with CareMore Health

This program is endorsed by the **Arizona and California chapters of the American College of Cardiology.**



California
CHAPTER



Arizona
CHAPTER



American Heart Association.
Heart and Stroke Ball™
Tucson

Dr. Reza Movahed and Dr. Nooshin Hashemzadeh are proud to serve as the 2020 Tucson Heart & Stroke Ball Chairs. All proceeds from the symposium will be donated to support this event. Thank you for joining us today.

Hope to see you at the Tucson Heart & Stroke Ball in February 2020!



www.caremore.com

Symposium Overview

Saturday April 6 Sessions

CAD (Stable, ACS, Guideline Therapy, MI Definition)
Arrhythmias (A-Fib, Syncope, LifeVest, etc)
CHF (Acute, Chronic, Advanced, Diastolic CHF)
Preventive Cardiology (Lipids, HTN, DM, etc)
Optional CME Dinner

Sunday April 7 Sessions

Valvular/Structural Heart Disease
(Mitral Disease, Aortic Valve Disease)
Miscellaneous (Preop Evaluation, Sleep Apnea,
Pulmonary Hypertension, Non-Invasive Testing, etc)
Peripheral /Cerebral Vascular
(Claudication, Carotid Disease, Stroke, etc)
Award Ceremony

CME Accreditation and Credit Designation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of The University of Arizona College of Medicine - Tucson and Cardio Care, LLC. The University of Arizona College of Medicine - Tucson is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 22 *AMA PRA Category 1 Credit(s)*[™]; This includes a 1 hour breakfast and 2 hour Saturday night dinner. Additional registration and applicable fees may apply. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Location

JW Marriott Starr Pass Resort & Spa
3800 W. Starr Pass Blvd., Tucson, AZ 85745
(520) 792-3500

Registration

Physicians: \$200 before March 15, 2019;
\$300 after March 15

Nurses: \$150 before March 15, 2019;
\$200 after March 15

Medical/Nursing Students, Residents and Fellows: \$25
before March 15, 2019; \$50 after March 15

Registration fees include food and beverage.

CareMore Employees: No charge

Proceeds will be donated to the Southern Arizona American Heart Association.

Register Here

<https://www.eventbrite.com/e/caremore-healths-third-annual-cardiovascular-symposium-tickets-55261300036>

For any questions please contact
mhashemz1@yahoo.com ♦ Tel: 949 374 1501

Accommodations

Limited group rate discount available. Reference below link for reservations.

<https://book.passkey.com/go/CareMoreCardiovascular>

Abstract/Posters

The symposium will also accept abstract submissions that will be presented as a poster with a \$500 award to be given to the first place winner.

Abstract should be sent by March 25th to rmova@aol.com. Abstract may be published in online supplement of American Journal of Medicine, or on CareMore Daily Pulse.

EVENT SCHEDULE

Saturday – April 6

7:00 am – 7:50 am Registration/Breakfast

Opening Remarks

7:50 am – 8:00 am Dr. Movahed, CareMore Regional Cardiology Director

Keynote Speakers

8:00 am – 8:10 am Jonathan Rothschild, Mayor of Tucson: Welcome to Tucson

8:10 am – 8:20 am Dr. Jain, CareMore President and CEO / Dr. Gupta, CareMore Regional Medical Officer: Why CareMore

8:20 am – 8:30 am Dr. Robbins, University of Arizona President: Importance of Educational Symposiums in Tucson

CAD Lectures

8:30 am – 8:50 am Stable Coronary Disease – Dr. Movahed

8:50 am – 9:10 am Acute Coronary Syndrome – Dr. Movahed

9:10 am – 9:30 am Definition of MI – Dr. Alpert

9:30 am – 9:50 am Approach to Chest Pain – Dr. Amin

9:50 am – 10:00 am Q & A Session

10:00 am- 10:10 am Break

Arrhythmias Lectures

10:10 am – 10:30 am Update on Atrial fibrillation and Watchman Device - Dr. Motallebi

10:30 am – 10:50 am Overviews of other Arrhythmias - Dr. Motallebi

10:50 am – 11:10 am Syncope in the Elderly - Dr. Alpert

11:10 am – 11:30 am Update on Cardio-Cerebral Resuscitation - Dr. Ewy

11:30 am – 11:50 am ICD and LifeVest Indications - Dr. Motallebi

11:50 am – 12:10 pm Q & A Session

12:10 pm – 12:20 pm Lunch

12:20 pm – 1:20 pm Posters Exhibition

Heart Failure Lectures

1:20 pm – 1:40 pm Acute Decompensated Heart Failure - Dr. Ulkayam

1:40 pm – 2:00 pm Diagnosis and Management of Chronic Systolic CHF - Dr. Movahed

2:00 pm – 2:20 pm Heart failure with Preserved Ejection Fraction - Dr. Ulkayam

2:20 pm – 2:40 pm Update on Pregnancy and Heart Failure - Dr. Ulkayam

2:40 pm – 3:00 pm How to Prevent Heart Failure Readmission - Dr. Sheth

3:00 pm – 3:20 pm Pacing and BIV Pacing Indications - Dr. Motallebi

3:20 pm – 3:50 pm Q & A Session

3:50 pm – 4:00 pm Break

Preventive Cardiology

4:00 pm – 4:20 pm Lipid Guidelines Update - Dr. Wong

4:20 pm – 4:40 pm Hypertension Guidelines - Dr. Wong

4:40 pm – 5:00 pm Antiplatelet Therapy Guidelines - Dr. Ebrahimi

5:00 pm – 5:20 pm Diabetes Guidelines - Dr. Wong

5:20 pm – 5:40 pm Venous Thromboembolism Clinical Practice Guidelines - Dr. Shah

5:40 pm – 6:00 pm Cardiac Rehabilitation Lifestyle Management to Reduce Cardiovascular Risk - Dr. Alpert

6:00 pm – 6:30 pm Q & A Session

Optional CME Dinner Saturday Night (7-9PM)

7:00 pm – 8:00 pm Case Presentations CHF – Dr. Movahed and Panel Discussion: Dr. Amin, Dr. Gupta, Dr. Motallebi, Dr. Alpert, Dr. Shah

8:00 pm – 9:00 pm Case Presentations CAD – Dr. Movahed and Panel Discussion: Dr. Alpert, Dr. Motallebi, Dr. Amin, Dr. Ebrahimi, Dr. Gupta, Dr. Shah

Sunday – April 7

7:00 am – 8:00 am Registration/Breakfast
CME Breakfast Symposium: New Strategies to Manage Residual Risk Beyond Statin Therapy in Patients With or At High Risk of Cardiovascular Events – Dr. Wong

*Certified for 1.0 Hrs AMA Category 1 PRA
CME Credits Provided by Medtelligence and Postgraduate Institute of Medicine*

8:00 am – 8:20 am CareMore Approach to Cardiovascular Care - Dr. Gupta

Valve and Coronary Interventions

8:20 am – 8:40 am Aortic Stenosis: When to intervene? How to follow? - Dr. Amin

8:40 am – 9:00 am Surgical vs Percutaneous Treatment of Aortic Stenosis - Dr. Burstein

9:00 am – 9:20 am Surgical vs Percutaneous Treatment of Mitral Regurgitation - Dr. Burstein

9:20 am – 9:40 am When to use Assist Devices for Coronary Intervention - Dr. Habibzadeh

9:40 am – 10:00 am Future Devices and Other Treatments for Adult Structural Heart Disease - Dr. Burstein

10:00 am – 10:30 am Q & A Session

10:30 am – 10:40 am Break

Peripheral /Cerebral Vascular Disease

10:40 am – 11:00 am Clinical Approach to Stroke - Dr. Teeple

11:00 am – 11:20 am Carotid Disease: When to Intervene? - Dr. Teeple

11:20 am – 11:40 am When to Close or not to Close PFO? - Dr. Burstein

11:40 am – 12:00 pm Approach to Peripheral Vascular Disease, Claudication - Dr. Berens

12:00 pm – 12:10 pm Q & A Session

12:10 pm – 12:20 pm Lunch

12:20 pm – 1:20 pm Poster Exhibition

Afternoon Sessions

1:20 pm – 1:40 pm Is Digoxin Therapy Obsolete? - Dr. Alpert

1:40 pm – 2:00 pm Pre-op Evaluation for Non-Cardiac Surgery - Dr. Movahed

2:00 pm – 2:20 pm Antiarrhythmic Drugs - Dr. Motallebi

2:20 pm – 2:40 pm Approach to Pulmonary Hypertension - Dr. Oropez

2:40 pm – 3:00 pm Non-Invasive Testing Selection - Dr. Movahed

3:00 pm – 3:20 pm Q & A Session

3:20 pm – 3:40 pm Break

3:40 pm – 4:00 pm Sleep Apnea and Cardiac Implication - Dr. Oropez

4:00 pm – 4:20 pm Geriatric Cardiology - Dr. Khoubyari

4:20 pm – 4:40 pm Workup for Causes of Dilated Cardiomyopathy - Dr. Habibzadeh

4:40 pm – 5:00 pm How to Improve Medical Compliant - Dr. Wegryn

5:00 pm – 5:20 pm Broken Heart Syndrome (Takotsubo Cardiomyopathy) - Dr. Movahed

5:20 pm – 5:40 pm What I have Learned from more than 40 Years of Clinical Medicine - Dr. Alpert

5:40 pm – 6:00 pm Balancing Life, Work, and the Pursuit of Happiness - Dr. Alpert

6:00 pm – 6:10 pm Q & A Session

6:10 pm – 6:15 pm Best Poster Award Ceremony – Dr. Movahed

6:15 pm – 6:30 pm Closing Remark – Dr. Amin

SPEAKERS/PRESENTERS

SCIENTIFIC CHAIR



M. Reza Movahed, MD, PhD, FACC, FSCAI, FACP, FCCP

Regional Cardiology Director
CareMore Health
Clinical Professor of Medicine
University of Arizona, Tucson
Clinical Professor of Medicine
University of Arizona, Phoenix
President Elect
American Heart Association Southern Arizona Affiliate

SCIENTIFIC CO-CHAIRS



Mazda Motallebi, MD, FACC, FHRS, CCDS

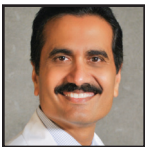
Director of Cardiac Electrophysiology and Cardiac
Device Services, Assistant Director of Cardiology,
Southern California Region
CareMore Health



Sameer Amin, MD

Regional Chief Medical Officer LA/OC,
National Director of Cardiology
CareMore Health

ORGANIZING COMMITTEE/PRESENTERS



Balu Gadhe, MD, FACP

Chief of Clinical Services
CareMore Health



Piyush Gupta, MD

Regional Medical Officer of Arizona
CareMore Health



Virag Shah, MD, FAAFP

Associate Regional Medical Officer of Arizona
CareMore Health



M. Nooshin Hashemzadeh, Ph.D

University of Arizona and Pima College
CEO and Founder LaVie Derma
Chair of Heart and Stroke Ball 2020



Melisa Dodge, BS, RCS

Echo Technician
CareMore Health

ADDITIONAL CAREMORE HEALTH PRESENTERS



Sachin H. Jain, MD, MBA, FACP

President & CEO
CareMore Health



Rostam Khoubyari, MD, FACC

Geriatric Cardiologist
CareMore Health



Cristine E. Oropez, MD, MHS

Pulmonologist
CareMore Health
Clinical Assistant Professor of Medicine,
University of Arizona



Nicole Wegrzyn, PharmD, BCACP

Lead Clinical Pharmacist
CareMore Health
Clinical Instructor
College of Pharmacy, University of Arizona



Sameer Sheth, MD

Cardiologist
CareMore Health

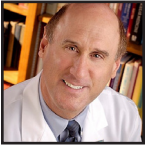
Other Presenters



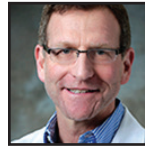
Mayor Jonathan Rothschild



Nathan D. Wong, PhD, FACC, FAHA
Professor and Director, Heart Disease Prevention
Program, Division of Cardiology
University of California, Irvine



Joseph Alpert, MD, FACC
Professor of Medicine
Editor in Chief, American Journal of Medicine
University of Arizona



Steven Burstein, MD, FACC
Director of Cardiac Cath Lab and Interventional
Cardiology
Good Samaritan Hospital, L.A.



Gordon Ewy, MD, FACC
Professor of Medicine Emeritus,
Former Chief of Cardiology
University of Arizona



David Teeple, MD
Director of Stroke, Tucson Medical Center
Assistant Clinical Professor, Department of Neurology
University of Arizona
Neurologist, Center for Neurosciences



M. Reza Habibzadeh, MD
Interventional Cardiology
Chair, Cardiovascular Review Committee &
Echocardiography Lab
Carondelet Medical Group



Uri Elkayam, MD
Professor of Medicine
Obstetrics and Gynecology,
Division of Cardiology
University of Southern California, Los Angeles
Chairman
Heart Failure Society of America



Eric S. Berens, MD, FACS
Founder
Arizona Endovascular Center
Medical Director, Vascular Service Line
Carondelet St. Joseph Hospital



Ramin Ebrahimi, MD
Professor of Medicine
University of California, Los Angeles
Director Interventional Cardiovascular Research &
Co-director Cardiac Catheterization Laboratory
GLAVA