



# Advanced Patient Care

We're committed to walk with you through every stage of your health care journey, including managing your chronic conditions like diabetes or COPD. If you have a chronic condition, our high-touch approach will help guide you through it and prevent it from worsening.



**Just one example:**

**If you have diabetes, we have programs and services to help you manage this condition:**

- Remote blood sugar monitoring with our clinical team
- Support in weight management, healthy eating and exercise
- Learn what you can do to control your blood sugar levels
- Be treated for any wounds that won't heal

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We work with your PCP to give you the extra support you may need. CareMore's coordinated services will ensure that a chronic condition doesn't stop you from enjoying your best life.

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We can't just wait around for patients to get sick and then treat the problem.

We have to be proactive in understanding their needs and what will help them stay well.”

— *Balu Gadhe, M.D.*, CareMore's Chief Medical Officer of Specialty Care

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**No matter what you face, CareMore is in your corner. We've developed innovative solutions that will help you navigate:**

- **Congestive Heart issues:** Monitoring and medication management
- **High Blood Pressure:** Offers blood pressure checks and classes
- **Wound Care:** Providing treatment for wounds and helping prevent any wound infections
- **Fall Prevention:** Reducing physical risks to health
- **Integrated Behavioral Health:** Ensuring care for the whole person

Too many people spend their later years as “frequent flyers” – in and out of different hospital rooms or urgent care facilities. Our greatest joy at CareMore is reducing or eliminating those trips, helping our patients enjoy life.

**Join a plan with CareMore today—we'll get you on the road to a healthy, happier lifestyle beginning now!**