

Staying Healthy, Together

As an advocate in every aspect of the health care journey, CareMore has been a leader in addressing the emotional component to health as well.

CareMore's **Togetherness Program** is a first of its kind patient program aimed at identifying and reducing loneliness among senior patients. We believe loneliness is a treatable health condition that can be addressed through community-based interventions and close engagement with patients.

The Together Program promotes social connectedness with seniors through:



Regular phone calls



Home visits



Connection to
community-based
programs

“

The greatest disease in the West today is not TB or leprosy; it is being unwanted, unloved, and uncared for. We can cure physical diseases with medicine, but the only cure for loneliness, despair, and hopelessness is love.”

”

— *Mother Theresa*

The **Togetherness Program** is how CareMore meets this pressing need. We're here to support any patient experiencing isolation and a lack of social or family support. The program assures that our patients will be connected to local resources and integrated into their community to decrease any social isolation.

It's another way CareMore is committed to provide coordinated services that promote health in the whole person. So no matter what you're going through, you never have to face it alone.

Let's get together soon!

CareMore: Being the Change