

## NEWS RELEASE

### CareMore Health Named 2019 Health Quality Innovator for Population Health in Virginia

RICHMOND, Virginia—December 2, 2019—CareMore Health was recently named the 2019 Health Quality Innovator in the area of Population Health for the state of Virginia by Health Quality Innovator (HQI). The distinction recognizes organizations that work to improve the health of patients and communities through prevention and treatment of chronic disease.

CareMore was acknowledged for creating a care model that addresses unmanaged chronic conditions through comprehensive programs that include education to manage disease, nutritional counseling, and access to physical fitness facilities – all at no additional cost to the patient. CareMore Health was further recognized because it also addresses social determinants and barriers impacting health like food insecurity, transportation and financial instability that prohibit access to needed medications and can potentially lead to loneliness or isolation. As a result of CareMore’s holistic approach to care, its Medicare population has an 18 percent lower A1C for people with diabetes, 58 percent fewer end stage renal disease inpatient days, 25 percent fewer congestive heart failure readmissions and 19 percent fewer chronic obstructive pulmonary disease admissions.

“We are proud to receive this acknowledgment from HQI for the work that we are doing to address population health in Virginia compassionately, one senior at a time,” said Lisa Subrize, CareMore general manager. “Our mission is to effectively reinvent the way that older adults in Virginia experience healthcare through close coordination and collaboration with other healthcare providers and community programs. Our clinical results, relationships with patients, and this nod from HQI encourage us to work harder to help bring solutions to improve healthcare in Virginia and across the nation.”

Since 1984, HQI has led the way to better health care for providers and other clients by offering expertise in quality improvement, practice transformation, provider payment programs and electronic health record optimization. Better clinical performance, patient outcomes and cost savings are among the results. In addition to its role as a Quality Innovation Network-Quality Improvement Organization, HQI is a partner in two national Hospital Improvement Innovation Networks and is the Practice Transformation Network for Virginia, Maryland, Washington, DC and West Virginia.

Operating under the Health Quality Innovation Network (HQIN) umbrella, HQI helps lead quality efforts in Kansas, Missouri, South Carolina and Virginia. HQIN assists nursing homes, hospitals, physician practices and other providers as they improve patient outcomes at the grassroots level while contributing to national quality goals for reducing opioid deaths, improving care coordination and managing chronic disease.

For more information on the 2019 awardees, please click [here](#).

#### About CareMore Health

CareMore Health is a physician-founded, physician-led integrated care delivery system that harnesses the power of teamwork to treat the whole person. Through a focus on prevention and highly coordinated care, its clinical model and designed-for-purpose approach to managing chronic disease proactively



addresses the medical, social and personal health needs of its patients, resulting in clinical outcomes above the national average and ultimately, healthier people and communities.

Today, the CareMore delivery system provides care for enrollees in Medicare Advantage and Medicaid health plans in Arizona, California, Colorado, Connecticut, Iowa, Nevada, North Carolina, Tennessee, Texas, Virginia, and Washington, DC. CareMore also is participating in a dual demonstration project in parts of Los Angeles County in conjunction with state and federal regulators to coordinate care for people eligible for both Medicare and Medicaid. To learn more about CareMore Health, visit [www.caremore.com](http://www.caremore.com) and follow us on [Twitter](#), [Facebook](#) and [LinkedIn](#).

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